

Medical spa tour in Hungary

A group tour which aids body healing whilst
simultaneously offering relaxation



DENTHAL
THERMAL Ltd.



ABOUT US

Dear Guests !

Our company was established in England and aims to provide professional, high quality medical services at reasonable prices to a growing client list.

The aim of our business is to provide the best of the Hungarian spa industry to an international client basis with a guarantee of high levels of health care.

Each country involved in our business has its own Programme Manager who awaits you (including representatives in the USA) and ready to organise your stay.

We aim to provide top quality services to our clients, even the smallest detail is of utmost important to us. We are offering personal, fast and effective services at reasonable prices whilst always considering the personal needs and comfort of our clients.

Unlike similar hotels and spas, our clients have the possibility to make use of other services since the recuperation time after each treatment can be used for other treatments. This results a more cost efficient stay.

We provide you full assistance, support and more with our services.

Wishing you the best health:

Akosh Vancza
Managing Director

SAVE WITH US !

As is well-known, the prices in Middle-Eastern Europe are lower than in Western Europe. This also applies to the prices of healthcare services since they are in correlation with local salaries.

Hungary has kept its own currency (Forint: HUF / Ft), and its exchange rate has been 1 € = about 250 HUF (1 £ = about 290 HUF) for years.

In those countries where the Euro was introduced as the official currency (such as in Slovakia) the prices considerably higher so Hungary is now in a significantly better financial position.

In Hungary the difference in prices is obvious in every aspect of life including healthcare, hospitality services, entertainment, consumer goods and traveling. But there are price differences by regions: Budapest and the western part is the most expensive and the eastern part is considerably cheaper. You can find lower prices in the south-eastern part, including Békés county (such as the town of **Gyula**).

This means that almost everything is cheaper in Hungary compared to western European countries - **savings of 50-60% is possible**, making a stay with us highly cost effective.

If you combine services together you can reduce costs within your limited time.



ABOUT HEALTH INSURANCE

Since Hungary joined the EU, insured people can have treatments in Hungary just like in any other EU country. Insurance companies also reimburse the medical (and occasionally dental) treatments taken place in Hungary and sometimes even part of the necessary accommodation costs.



SPA TOUR IN HUNGARY:

A THERMAL HOLIDAY

- a group tour (not only) for elderly people -

'Recovery, relaxation and peace - all at the same time'

SPA HOLIDAY:

Discover the peace and comfort of Hungary

Our medical spa tour (for groups) is created **especially** to fulfil the needs and wishes of **elderly people**.

Our guests can have a relaxing, carefree spa holiday without problems to fully recuperate and enjoy every moment with us:

we guarantee superior quality !

We fulfil requests from the beginning to the end: **we guarantee you a wonderful experience**

- just because you deserve it !



Town Gyula: THE PEARL OF THE GREAT PLAIN

Gyula is one of the most famous tourist centres in Hungary because of its thermal spa.

In the south-eastern part - 220 kilometres from Budapest - the town of Gyula awaits you. The area is a luscious heath land broken up with beautiful winding rivers.

The game population of the forests and the fields is extremely high making it a paradise for hunters and hikers. **Gyula's thermal water** contains alkaline hydrogen-carbonate and chloride which **can help rheumatism and gynaecological problems**. Gyula offers many attractions which are all worth a visit in your free time. Some of these attractions include the brick castle from the 15th century which is unrivalled in Central-Europe as being unbelievably spectacular; the museums, exhibitions and galleries are also worth exploring as are the beautiful baroque churches, parks and there are many hiking tracks waiting to be explored. Gyula is the home town of the artist **Albrecht Dürer** and the famous musician, **Ferenc Erkel**.

In Gyula you can try the world famous spicy sausage and the award-winning spirit, the 'Palinka' (a Hungaricum) from the local Palinka Manufacture.

We hope to see you soon in Gyula !

Just think about the fair prices and high quality of the Hungarian spa therapies !



The Castle Spa: Bastion of Health

The Castle Spa can be found in the middle of the Almásy Castle 8.5 acre park.



This 4-star spa resort (it has **the highest spa-qualification**) is an ideal holiday and relaxation get away whatever the season.

The view of the 200-year-old park with its 25.000 flowers and hundreds of different types of trees and bushes is magnificent.

Since 1958, the 72 °C water has been collected from 2000 metres underground. The thermal water has a pleasant, comforting and **healing effect on rheumatologic, chronic nerve syndrome and gynaecological problems** as well as being perfect for rehabilitation after surgeries.

The thermal water contains alkaline hydrogen carbon-chloride and high levels of minerals which creates **the water's distinct brownish colour**. The spa's medical centre is open all year round and the recommended bathing time is three times 30 minutes a day.





Highly recommended when suffering from:

- Chronical joint and spinal disorders
- Muscle pain, nerve inflammation
- Morbus Bechterew disease and rheumatic joint inflammation
- Discomfort after major surgery
- Follow-up treatment after traumatic surgery
- Chronic gynaecological inflammation
- Arterial diseases, rehabilitation after heart attack

NOT recommended when suffering from:

- untreated or unchecked high blood pressure
- malignant tumours
- fever and various infections
- certain heart conditions
- a dependency of alcohol
- epilepsy
- certain skin diseases



The treatments include the following:

- Magneto therapy • Interference therapy • Lymphomat
- Dia-dynamic treatments • Electric treatments • Mud baths
- TENS therapy • Russian type stimulation • Galvanic baths
- Ultrasonic therapyn • Underwater gymnastics • Cryotherapy
- Carbonic acid treatments • Medical massages • Tangentor
- Underwater traction bath

WARNING: there are pools which are NOT recommended to guests with heart problems and high blood pressure (because of their high temperature) !

PROGRAMMES IN GYULA



Sightseeing in the town: Visiting the 100-year-old confectionery

It is the second oldest confectionery in Hungary (established in 1840) and it still has the original furnishing from the Biedermeier age. You can try freshly crafted dessert specialities while admiring the old utilities and surroundings of the confectionary.

Sightseeing in the town: A visit to the Castle

The 15th century gothic castle is the most famous emblem of the town and it is the only brick castle that remained intact in Central Europe. Its tower has one of the oldest gothic chapels of Hungary.



Visiting of the Puszta / Folk art programme

- from November till April:

Folk art programme in the hotel which involves Hungarian folk music & dancing, Hungarian wine / Palinka, other Hungarian specialities and then a farewell dinner

- from April till June (weather dependant):

Visiting a traditional Hungarian farm and enjoying a horse show, horse riding and coach riding and then a farewell dinner



SPECIAL GASTRONOMIC EVENTS:

A tasting of the spicy Gyula sausage:

We offer a tasting from the most popular award-winning spicy sausages.

Palinka tasting:

The Harruckern Palinka production firm is famous all over Europe.

In fact, their forest blackberry Palinka became the **world's third best alcoholic beverage**.



Dinner in a special restaurant with gypsy music:

Enjoying Hungarian speciality dishes while listening to traditional gypsy music

Wine tasting:

A small taste of the unique wine culture of Hungary

Ungarischer Frühschoppen:

Getting to know the Hungarian cuisine with ice cold draught beer and shots of Palinka



WHAT WE CAN OFFER FOR YOU:

- Air-conditioned bus transfer between Budapest and your hotel
- 11 days / 10 nights in a modern 4-star-hotel in Gyula: double rooms with balcony, air-condition, mini bar and safe (double rooms can be booked for singles with additional charge)
- A peaceful small town: containing a pleasant neighbourhood with all the necessary services (bank, post office, restaurants, confectioneries, dentist, beauty saloons / hairdressers, ...) – only for recuperation and undisturbed peace
- Daily physiotherapy treatments in the Castle Spa (personally approved after professional medical examination)
- Direct contact with the hospital of the town - for any cases
- OUR SPECIAL OFFER: a free appointment with our dentist (dental treatments have additional charge)
- - Optional programmes (at extra cost):
 - Palinka-Manufacture visiting with tasting
 - Hungarian food tasting
 - Spicy sausage tasting
- Shopping opportunities: Palinka / wine / spicy sausage
- Fair prices
- A possibility to extend your stay



NOT INCLUSIVE SERVICES:

- **Travel insurance**
- **Accommodation tax** (for 10 nights)
- **Double room for singles with additional charge**
- **Spa package:**
 - 1x professional medical examination
 - 8x daily medical treatments
 - 9x daily entry tickets to the Castle Spa
- **Optional and free time programmes**
- **Personal expenses** (**minibar**, **massage**, **dentist**, **hairdresser**, ...)

Discover the freedom of movement again !



INCLUSIVE SERVICES:

- Unique service: a 24-hours a day personal guest care - only for you (to solve problems and fulfil extra wishes)
- Special: COFFEE STATION - tea / coffee non-stop
- 9 x Afternoon tea (in the hotel's lounge)
- 10 x Breakfast buffet
- 8 x Dinner buffet
- Welcome drink
- Bathrobe for the time of your stay
- Use of the wellness section of the hotel
- Mineral water in the room (half a litre per person daily)
- WIFI internet connection and flatscreen TV in the room
- Packed lunch on the bus (including sandwiches / fruits)
- Sightseeing with visits to the castle and a confectionery (with a complementary dessert)
- Dinner in a traditional restaurant with gypsy music
- Visit to the Hungarian 'Pusztá' / Folk art programme (with a farewell dinner)

YOUR HOTEL

The **Hunguest Hotel Erkel ****** (very modern, having only opened June 2011) is in a peaceful and calm area, right next to the Castle Spa

SPECIAL: with direct connection to the Castle Spa through a closed and heated indoor passage

Rooms:

186 rooms (4 rooms for disabled people)
The rooms have a balcony, shower / WC, flatscreen TV, air-conditioning, minibar, phone, safe and internet connection

Other services of the hotel:

reception, elevator, wellness section, bar, restaurant and conference rooms

Pamper yourself
in a quiet environment !



HUNGARY



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